

Eat, Property and Laugh.

## CAPITAL CITY RIVER RUN

Free sandwiches and drinks for participants and families at the Capital City River Run set the atmosphere for an afternoon of fun. For a \$35 registration fee, a whole family can enjoy running in races, free museum entry, glow-in-the-dark slime, dropping eggs from 16 feet up, and the carnival atmosphere that surrounds IMPRESSION 5.

"It is so cool to make your own rocket," says Tim Andrews. "You put this Alka-Seltzer and water in the bottom, then watch it shoot 30 feet into the air."

Imagine the IMPRESSION 5 parking lot filled with runners getting ready. Imagine the booths, free snacks, and kids wearing "planetary heads." These heads, decorated with feathers, colored paper, and ribbon, are crowns created on the spot with materials we provide.

"Pack your egg so the 16 foot drop won't break it," instructs Eric, museum guide. All eyes watch as the wrapped, boxed eggs are raised to the roof. One by one each is dropped and checked. Cheers rise from the crowd: One made it without breaking.

Kids get ready to race—long races and short ones. This year, every kid gets a medal for running and a short-sleeved CCRiverRun tee shirt.

"It's going to be a blast like last year," 9 year old Janet tells me. "We watched the races right on the River Trail. I'm making a rocket this year—and I don't care what my brother thinks."

the Slime
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All in a good cause. The CCRIVERRUN is the

All in a good cause. The CCRIverRun is the major fund-raiser for IMPRESSION 5. And lots of sponsors donate to make it a success. Adults will appreciate the Beaner's Coffee and bagels and other healthy snacks available to registrants. And for a few extra dollars, the long or short-sleeved tee shirts are a great reminder of the event. Businesses including IBM, DTN Management, ET MacKenzie Co., Board of Water and Light, Playmakers, and Weyco Inc. have generously contributed so the fun may continue.

"Over a thousand people watched, ran, and laughed with us last year," says Ellen Sprouls, museum director. "It looks even bigger this year."

And no wonder. Yet another group of sponsors, including Greater Lansing Chiropractic Center, Lothamer PC., MSU-Sports Medicine ICC, Therapy Institute, BRD Printing, and Robert Bolenbaugh have ensured the success of our fund drive.

"I'm in for the Slime Dash," screams a kid, "Will the Tyranosaurus Rex be there?"

Oh yes. Yes to all of it. You'll leave stuffed, exhausted, and proud of your unbroken egg. You'll wear the shirts, scream encouragement to the adult distance runners, and tour IMPRESSION 5 again before you leave. You will fly as high as the rocket you make.

\*members
\*non-members
\*adults & kids



Join the CAPITAL CITY RIVER RUN!

FOR MORE INFORMATION: Read the application form for race details and registration fees.

VISIT our website at www.ccriverrun.org Also contact Dick Miles, Chairman, (517) 332-2681

VISIT IMPRESSION 5 website at www.impression5.org Also call us at (517) 485-8116 ext 25



## We're Proud To Honor Our New Members:

Adams, Danielle-Lansing Albert, Priscilla and Jonathan-Lansing Allen, Tobin and Diane-Williamston Bialko/Potter Family-Mason Bennett, Bruce and Lonnie-Lansing Burns, Tracey and Andy-Ortonville Butz, Tom and Kristy-Lansing Choi, Jay and Ayung-East Lansing Conover, Laura and Brian-Flushing Davis, Cindy and Bruce-Okemos Green, Phillip and Ann-Grand Rapids Hadlack, Kimberly and Charles-Okemos Halversen/Wisner Family-East Lansing Hayes, Mary Jo and Steve-Okemos Helder, Rich and Linda-East Lansing Hurth, John and Debbie-Lansing Kellogg, Sharon-Lansing Kim, John and Katie-Haslett LaBlanc, J Michael and Linda-DeWitt Madrid, Edmundo and Veronica-Lansing Munoz, Peter and Julia-Okemos Payette/Schroder Family-Okemos Puerner, Michael and Jerri-East Lansing Render, Terri and Terrance-Lansing Schraft, Celeste and George-Okemos Shimunec/Fineis Family-Grand Ledge Sitowski, Jennifer-St Johns Spanogle, Judy and Eric-Lansing Sumpter, Rodney and Teresa-Lansing Thomas, Steven-Williamston Vogl, Heidi-East Lansing Weeks, Phyllis and Hubert-Lansing Zaleski, Curtis and Stacie-Williamston



I'm considering membership for the reciprocal priveleges.

## SPECIAL FUN

- \*Capital City Phys. Ren and IMPRESSION 5 reopening, September 30 (front page).
- \*Chemistry Day at Impression 5, Saturday, October 20, 2001, 11 am to 3 pm. Previously held at the Lansing Mall, we now offer free admission at the museum. Under the supervision of MSU chemist Sheldon Knoestrel, area science students will host workshops and demonstrations at over 40 stations. Sponsored by MBI International. Join this exciting event.
- "Silve. Pells in the City, Friday, November 16, 2001, 5-9:30 pm. Greater basing's beginning for the Holiday season. Last year more than 1700 people visited Impression 5 during Silver Bells. Bring the family for the parade, special displays, entertainment, and lighting of the tree at the Capitol.
- \*Model Train Exhibit! Saturday, November 3.

  A magical working exhibit generated by model-rail-road fanatics. Every Saturday through February 1, whistles blow and engines glide over bridges and through tunnels. (Adults love this as much as kids, but they're too shy to admit it.)
- \*Member's Holiday Shopping Day, Thursday, November 29. 20% off everything in our greatly expanded store—for our members only. It's so popular that extra staff must be on duty for this pre-holiday sale. Yes, we take credit cards. Bring your kids, but if you like to browse in peace, send them to our free children's workshop that Thursday.



The CCRiverRun logo, which is the only marking on our beautiful, high quality shirts. You'll love 'em. Free with kids' registration.