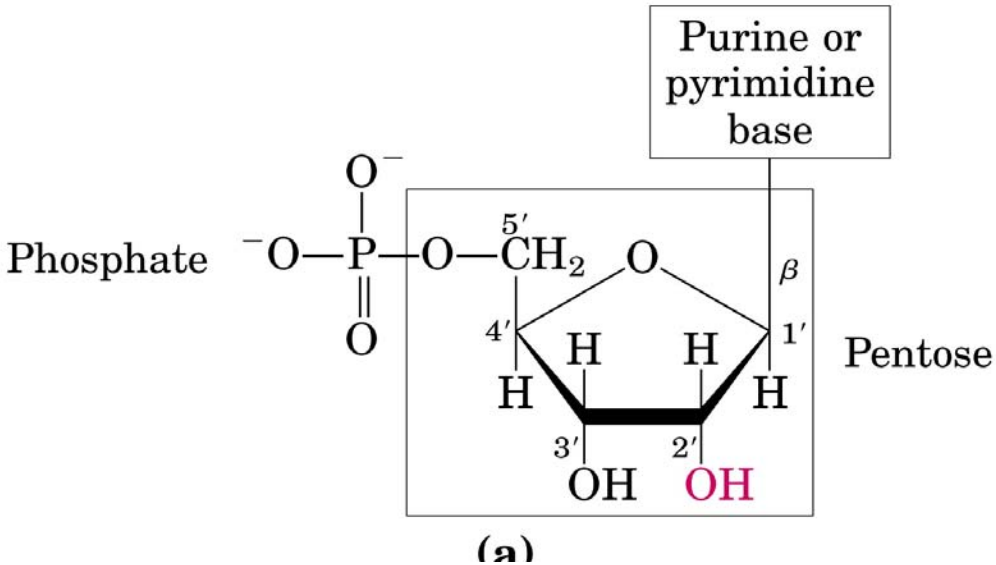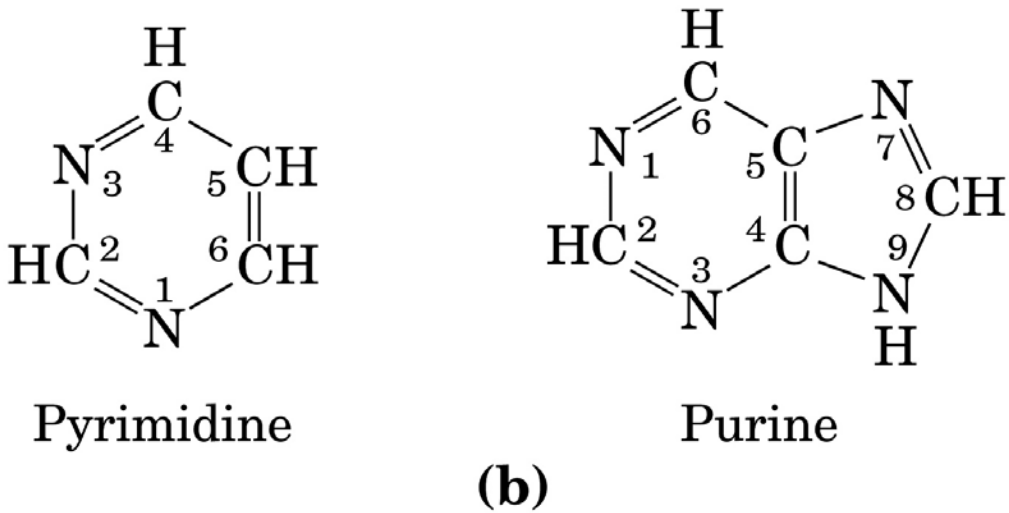The Building blocks of nucleic acids